



Care & Support – Housing Options

Below is a list of question you should ask when visiting a long term care home or retirement home to help determine which is right for you (Alzheimer or dementia-friendly).

- Are staff trained to care for people with Alzheimer's disease and other related dementias? What training do they receive?
- Can I walk safely indoors and outdoors?
- Does it have a home-like environment?
- Does it focus on my personal needs? How does the home learn about and meet my personal needs?
- Can it accommodate my personal preferences for food, routines and activities? How does it do this?
- Is there an operating resident counsel? How often does the counsel meet? How is the counsel supported by the home? (1)

Below are questions you should ask to find out what medical care is provided at a long term care home.

- If possible, can I continue to see my own doctor after I move?*
- Is there a doctor on call?*
- How often does the doctor visit the home?*
- Can I meet the doctor?*
- How are medical emergencies handled?*
- Is there a registered nurse on duty for 24 hours? (1)

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- (1) List adapted with permission from Alzheimer Society of Canada (n.d.). Shared Experiences: Suggestions for those with Alzheimer Disease. Toronto, Ontario, Canada: Alzheimer Society of Canada.
- (2) List reprinted with permission from Alzheimer Society of Canada (n.d.). Shared Experiences: Suggestions for those with Alzheimer Disease. Toronto, Ontario, Canada: Alzheimer Society of Canada

Living with Dementia: Resources for Living Well

Below are question to ask a long term care home before making a decision on your long term care home preferences.

- Can I choose my own menu?
- Can I bring my pet with me?
- Can I bring my own furniture with me?
- What is the schedule for activities?
- What are the guidelines for having visitors? (2)

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